



# Hong Kong Paediatric Foundation

Sept 2016

Newsletter

Issue 4

## PROFESSIONAL FORUM ON CHILD HEALTH 2016

### CONTENT

#### Physical Activities for Children

The Forum was held on 12 July 2016 at Queen Elizabeth Hospital. Invited speakers included Prof. LOUIE Hung Tak Lobo, Asso. Professor, Dept. of Physical Education, Hong Kong Baptist University who talked on “Current Physical Activities Level Among the Hong Kong Children”; Prof. YU Chung Wah Clare, Assist. Professor, Dept. of Health and Physical Education, The Education University of Hong Kong talked on “Training for Front-line Professional on Physical Education for Children”. Dr. Lilian WONG, Past President, The Hong Kong Paediatric Society talked on the “Promotion of Physical Activities for Children from the Perspectives of Healthcare Professionals”. Through the Open Forum, audiences all opined that physical activities for children in Hong Kong are inadequate, promotion and training of professionals for physical activities were certainly in needs.

#### Gifted Education in Hong Kong – A Critical Review

The Forum was held on 13 September 2016 at Queen Elizabeth Hospital. Renowned experts included Dr. YEUNG Chung Him, Jason, Vice Chair of Gifted Education Foundation who spoke on “Overview of Gifted Education (GE) in Hong Kong”; Prof. Helen Siu Yin KU YU delivered the talk on “Evolution of Gifted Education in Hong Kong” and Prof. NG Tai Kai, President of Hong Kong Academy of Gifted Education (HKAGE) gave the talk on “State of Art for Gifted Education in Hong Kong”. The Mode of GE included 3 tiers: Tier 1 – Whole class, school based (EDB); Tier 2 – Pull out, school based (EDB); Tier 3 – Off site support by Tertiary Institute - HKAGE. The mission of HKAGE is to provide off-site (T3) programs to secure appropriate learning and development opportunities for gifted students aged 10 to 18 years and enable them to realize their potential in a wide range of learning domains including academic and non-academic. There were increased activities in GE Sector including CUHK, HKUST, HKU, CTY and Johns Hopkins University. However, difficulties still existed in identifying gifted students with its definition and assessment as well as the understanding of GE by the general public. For future development, more general public awareness of GE and support, more GE research and favorable government policy and funding were required.

The Forum was fruitful and well attended by health care professionals and students of the Hong Kong Academy for Gifted Education. Through this forum, audiences understood more about the needs and development of gifted education in Hong Kong.

#### Professional Forum on Child Health 2016

- Physical Activities for Children

- Gifted Education in Hong Kong – A Critical Review

#### 兒童健康論壇 2016

- 「幸福童年，共融齊建」

#### Professional CME Meeting on Child Health 2016

- Allergic Skin Conditions in Childhood

- Update on Childhood Sleep and Breathing Disorders

- Clinical Approach to Children with Hypotonia

#### UPCOMING EVENTS Professional CME Meeting on Child Health 2016

- Update on Childhood Sleep and Breathing Disorders

- Advances on Management of Congenital Heart Diseases in Children.

#### Professional Forum on Child Health 2016

- Hong Kong Children’s Hospital Update 2016

- Kindergarten Education for Hong Kong Children: Is it Physiologically Appropriate and Is it Developmentally Sound?”

#### Summit on Childhood Obesity in Chinese Speaking Communities (CSC)

#### Editorial Board

Ms. Susanna LEE  
Dr. Lilian WONG  
Dr. CHAN Chok Wan

HKPF website:  
[www.hkpf.org.hk](http://www.hkpf.org.hk)



# PUBLIC FORUM ON CHILD HEALTH 2016 兒童健康論壇 2016

兒童健康論壇 - 「幸福童年，共融齊建」 was held on 6 August 2016 at Lecture Theatre, 1/F, Jordan Valley St. Joseph's Catholic Primary School from 14:00 to 16:30 hr. The 1<sup>st</sup> speaker was Dr. Ferrick CHU, Director, Policy, Research & Training, Equal Opportunities Commission who spoke on “**Embracing Social Inclusion for a Happy Childhood**”, Dr. CHU introduced to audience the Children's Rights in Hong Kong. Hong Kong was a desirable place for children and their development on safety, health services, social welfare, access to education, freedom and public services; but adversely for housing, environment, education for Ethnic Minorities, support to children with special educational needs and equal opportunities which might still need rooms for improvement. Second speaker was Ms. SZE Lai Shan, Community Organizer Society for Community Organization (SoCO) who talked on “**Children Living in Poverty**”. In Hong Kong, there were 246,000 children under the poverty line which was around 24.2 % of the population. Compared with other countries, the HK child poverty rate was high. For the children living in poor families, besides their physical growth and development were seriously affected, their deprivation of extra-curriculum activities and interpersonal interaction with others also indirectly affected their opportunities for entry to schools and universities nowadays.

In the open discussion, it was recommended that Equal Opportunities Commission should set up its outcome indicators and acted in a proactive way. A child health policy should be set up to safeguard the interest of children including ethnic minority groups and those with special health care needs. For child poverty, it was suggested to reactivate the issue of Health Voucher to children, to attend private doctors free of charge or to subsidize children for medical services. Free nutritious breakfast and lunch should be provided instead of given money and free dental services to secondary school students who were on CSSA.



## PROFESSIONAL CME MEETING ON CHILD HEALTH 2016

At Chairman's Suite and Executive Room, World Trade Centre Club, Causeway Bay (On Line Registration) website: [www.hkpf.org.hk](http://www.hkpf.org.hk)

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| <b>5 Jul 2016</b><br>13:30-14:30 hr  | <b>Allergic Skin Conditions in Childhood</b> was delivered by Dr. David LUK, Asso. Consultant (Paed), United Christian Hospital. The talk was well attended with child health professionals and the response was good. |
| <b>23 Aug 2016</b><br>13:30-14:30 hr | <b>Clinical Approach to Children with Hypotonia</b> was delivered by Dr. Sophelia CHAN, Asso. Consultant (Paed), Queen Mary Hospital, The Duchess of Kent Children's Hospital. It was well attended by audiences.      |
| <b>6 Sept 2016</b><br>13:30-14:30 hr | <b>Update on Treatment of Childhood Epilepsy</b> was delivered by Dr. CHAK Wai Kwong, Associate Consultant (Paed), Tuen Mun Hospital. The feedback was good.   |

## Upcoming Events

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|---------------------------------------|--|
| <b>4 Oct 2016</b><br>13:30-14:30 hr   | <b>Professional CME Meeting on Child Health 2016 - Update on Childhood Sleep and Breathing Disorders.</b><br><b>Speaker: Prof. Albert Martin LI</b> , Professor, Dept of Paed.; Assistant Dean (Development), The CUHK.  |
| <b>1 Nov 2016</b><br>13:30-14:30 hr   | <b>Professional CME Meeting on Child Health 2016 - Advances on Management of Congenital Heart Diseases in Children.</b><br><b>Speaker: Prof. CHEUNG Yiu Fai</b> , Clinical Professor, Bryan Lin Professor in Paediatric Cardiology, Dept. of Paediatrics and Adolescent Medicine, HKU.   |
| <b>15 Oct 2016</b><br>14:30-16:30 hr  | <b>Professional Forum on “Hong Kong Children's Hospital (HKCH) Update 2016 – Meeting with Dr. LEE Tsz Leung, the HCE”</b> will be held at Seminar Room 1, M/F, Hong Kong Hospital Authority Head Office.<br><b>Speaker: Dr. LEE Tsz Leung</b> , Hospital Chief Executive, the HKCH.  |
| <b>14 Nov 2016</b><br>20:00-22:30 hr  | <b>Professional Forum on “Kindergarten Education for Hong Kong Children: Is it Physiologically Appropriate and Is it Developmentally Sound?”</b> will be held at Lecture Theatre, G/F, M Block, Queen Elizabeth Hospital.<br><b>Speaker: Prof. Doris PW CHENG</b> , Prof. of School of Arts and Humanities, Tung Wah College and <b>Ms. WONG Pui Lai Mary</b> , Service Coordinator (Early Childhood Services), Tung Wah Group of Hospitals  |
| <b>22 &amp; 23 Oct 2016</b><br>2 days | <b>Summit on Childhood Obesity in Chinese Speaking Communities (CSC)</b> would be held at the Hong Kong Academy of Medicine Building. The (WHO) has made the final report on “The Commission on Ending Childhood Obesity (ECHO)” in tackling the disease burden created by obesity worldwide in Jan 2016. Dr. Constance CHAN, Director of Health, Hong Kong SAR Govt. is the WHO Commissioner of ECHO. She will be invited as our Keynote Speaker on “The WHO Commission on Ending Childhood Obesity (ECHO) - Principles and Recommendations”. Please don't miss the chance. |