



Hong Kong Paediatric Foundation

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Newsletter

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Editorial Board

- Ms. Susanna LEE
- Dr. Lilian WONG
- Dr. CHAN Chok Wan

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SUMMIT ON THE IMMUNO-SURVEILLANCE AGAINST CHILDHOOD INFECTIONS IN THE CHINESE SPEAKING COMMUNITIES

The Summit on the Immuno-surveillance against Childhood Infections in the Chinese Speaking Communities (CSC), organized by the Hong Kong Paediatric Foundation and The Hong Kong Paediatric Society was held on 5 - 6 August 2017 at the Mira Hong Kong. This is the third Summit of CSC series (first on Effect of Economic Growth on Child Health” in Guangzhou 2015 and the second on “Childhood Obesity” in Hong Kong 2016).



We were honored to have invited Ms. LEUNG Oi Sie Elsie, GBM, JP, former Secretary for Justice and Patron of the Hong Kong Paediatric Society as our Guest of Honor to officiate the opening ceremony.

In the two-days programme, renowned experts from overseas were invited including Dr. Errol ALDEN, President-Elect, International Pediatric Association (IPA); Dr. Naveen THACKER, President, Asia Pacific Pediatric Association (APPA); Dr. Colleen A. KRAFT, President-Elect, the American Academy of Pediatrics (AAP); Dr. Jonathan KLEIN, NCD Child; Prof. Ruth ETZEL, Director of US Environmental Protection Agency, US; Prof. Manuel MOYA from Spain as well as Prof. WU Mei Hwan, Prof. LEE Bee Wah, Prof. MAO Meng, Dr. IEONG Kin Mui, from Chinese speaking countries.

Many local renowned experts were also invited as speakers including Dr. CHAN Chok Wan, Prof. LAU Yu Lung, Prof. Grace WONG, Prof. Tony NELSON, Dr. Rachel CHENG, Dr. Brian CHUNG and Dr. Lilian WONG.

SUMMIT ON THE IMMUNO-SURVEILLANCE AGAINST CHILDHOOD INFECTIONS IN THE CHINESE SPEAKING COMMUNITIES (continued)



The feedback to this Summit was excellent. The Summit covered the topics extensively on the immuno-surveillance against childhood infections such as Polio Endgame - the importance of surveillance in children with primary immunodeficiency, the update on management of Hepatitis C in Children. Audiences also broadened their knowledge on the global initiatives such as strategies to engage and empower local communities in achieving the Sustainable Developmental Goals (SDG), GAVI - Updated strategy on childhood immunization in the Asia Pacific Region, the work and experience of American Academy of Pediatrics (AAP) in preventing toxic stress, the topics on the determinants for childhood key infectious diseases and the role of epigenetics in infectious diseases, and the effects of the environment on childhood immunity.

Evening Symposium and Gala Dinner on Child Advocacy

Following the Evening Symposium on Rotavirus Update delivered by Prof. Tony NELSON, the important highlight of the Summit was the Gala Dinner on Child Advocacy held in the evening on 5 Aug. Besides the Snapshots of the Past Child Advocacy Work in Hong Kong, youth ambassadors of HKPF also shared their participation in the local child advocacy activities. A “Passing On with Candle” Ceremony was held before the dinner. The Ceremony denoted that the noble mission of advocating for Child Health Policy, Children Commissioner and Children’s Right in Hong Kong with actions would be well succeeded and carried on by our younger generation. Group photos of each Sectoral Functional Group of Child Health Policy were taken. All groups showed the unity to strive further towards the establishment of a Child Health Policy and Children Commissioner in Hong Kong. The event was further cheered up by the announcement of Dr. Roy CHUNG, Director of the HKPF being awarded the “Gold Bauhinia Star” and Ms. Gloria LUK, Exco member of HKPF being awarded “Medal of Honor 2017” from the HKSAR Government. We extended our heartfelt congratulations to them.



The Summer Training Program jointly organized by St. Joseph's Church, Kowloon Bay and Caritas Community Centre (Ngau Tau Kok) and the Hong Kong Paediatric Foundation for the primary school students of disadvantaged families was held from 12 to 26 Aug 2017. The HKPF provided Health Ambassadors, professional inputs and funding to this program. The program also invited secondary school students to act as teachers to lead the summer training program. Training for the youth tutors started in Jul 2017 which included a day camp and 2 training sessions. This year, two parent talks were added to the program. The program was proven to be successful with objectives well achieved. The graduation ceremony and lunch gathering was held on 26 Aug 2017 at the Ngau Tau Kok Caritas Centre.



Public Forum on Child Health 2017

兒童健康論壇 - 「青年人的挑戰與機遇」 hosted by the Youth Group was held on 12 Aug 2017 at Jordan Valley St. Joseph's Catholic Primary School. Moderators were Mr. WONG Tak Wai, Convenor of Child Health Forum and Mr. CHOW Fu Kin from Youth Group. Speakers included 盧卓朗先生(大專生) to talk on 「現今大學生的困擾及應對方案」, 陳岷東先生(大專生) to talk on 「探視香港年輕人面對前途與經濟的挑戰」. Speakers shared with the audiences about the common stress and pressure students experienced during the transition of study from high school to university. Stress came from the change of learning environment, financial issues such as the affordability of family to pay the school fee, time management if student needed to work part time, the choices of subjects and the worry about their academic results. Stress coping strategies were discussed including identifying the cause of stress, shifting the attention away from the source of stress, establishing a social support network and thinking positively. Lacking of job experience and interpersonal skill posed barriers to the graduated students in seeking their first job. Individual career counseling and planning, practicum arrangement during schooling would enable the students to better understand the job nature in advance, gain job experience and skill which were beneficial for them to find their future career.



PROFESSIONAL FORUM ON CHILD HEALTH 2017

Professional Forum on Child Health 2017 - Critical Review of Inclusive Education in Hong Kong was held on 12 Sept 2017 at QEH from 8 pm - 10:30 pm. Speakers included Prof. SIN Kuen Fung on "The Policy", Mr. Dominic CHENG on "The Practicum" and Ms. Janette TAM on "The Reality". Ms. TAM, Occupational Therapist herself reflected the real situation of Inclusive Education through the presentation of real cases in a pilot project - "My Way Project". It was about the transition care for adolescents and young adults with ASD in the mainstream school. Walking through her experience in this project, the pros and cons of Inclusive Education i.e. Construct Vs Destroy was critically discussed. All opined that "Learning" for SEN students was not just "Education" but was "Holistic Health Care". The current support, service referrals and the communication between different sectors were inadequate which should be strengthened and enhanced.

Professional Forum on Child Health 2017 – Fallacies on the Professional Training Curriculum in Hong Kong were held on 11 Jul 2017 at QEH from 8 pm - 10:30 pm. Chairmen included Dr. Lilian WONG and Ms. Maria Fatima CHENG, Youth Ambassador of The Hong Kong Paediatric Foundation. Speakers were Ms. Cristine AU who spoke on "the Challenges for a Young Teacher" and Ms. Rachel TONG who spoke on "Beyond the curricula-community service experience". The speakers have shared their personal experience as young professional and the inadequacies in current training curriculum.

Common Paediatric ENT Problems and Management was held on 5 Sept 2017. Speaker was Dr. HUI Yau, Specialist in Otorhinolaryngology, Hong Kong.

The Baby Brain Connectome: Advances in Paediatric Neuroimaging was held on 1 Aug 2017. Speaker was Prof. Pek-Lan KHONG, Professor and Head, Department of Diagnostic Radiology, The University of Hong Kong.

Managing Severe Atopic Dermatitis in Children: What disease is that? was held on 4 Jul 2017. Speaker was Prof. Ellis HON, Department of Paediatrics, The Chinese University of Hong Kong.

PRESS CONFERENCE - Children and Youth in Special Situations

Subsequent to the Child Health Panel chaired by Mr. Hon. CHEUNG Chiu Hung, Fernando in the Legislative Council with suggestions proposed from HKPF on the health challenges especially the mental health wellbeing of youth in Correctional Home and Institution on 23 May 2017, a non-political, non-judgmental and non-punishable professional review on the health status of these children and young people in special situations was conducted on 2 Sept 2017 with a position statement issued. The aim was to improve the health of youth at adverse situations.

A Press Conference on “Critical Appraisal of Children & Youth Health in Child Care Facilities & Correctional Institutes” was held on 10 Sept 2017 at Duke of Windsor Social Service Building. It was revealed that youth in Correctional Services have higher health risks and mental health disorders from most literature review. “Youth Justice” was widely adopted in US, Europe and Australia emphasizing on rehabilitation and treatment rather than punishment. Identifying the root causes of juvenile delinquency was important to prevent reoffending. An independent, open, transparent complaint mechanism in the institute should be in place. The rights of children in receiving health assessment, continued education and training during trial period should be ensured. The rights of babies born in prison from female inmates should have their rights to have breastfeeding and bonding with mothers. The developmental needs and long-term care plan for these babies should be appropriately addressed in coordination with child care authorities.



UPCOMING EVENTS

10 Oct 2017 **Professional CME Meeting on Child Health 2017 – Update on the Diagnosis and Management of Squint in Children** will be held from 1:30 - 2:30pm at Chairman’s Suite and Executive Room, 38th Floor, World Trade Centre Club, Causeway Bay. Speaker will be Prof. Charmaine HON, Specialist in Ophthalmology.

14 Oct 2017 **兒童健康論壇 - 「如何栽培一個五星級的孩子」** will be held at Jordan Valley St. Joseph’s Catholic Primary School, from 2:30 – 4:30 pm. Invited speakers: 蕭沛霖先生 will talk on 「五星級的孩子需要特殊的營養和補品嗎？」, followed by 陳佩玲女士 who will talk on 「何謂營養補品？」; 陳潔冰女士 and 譚曉茵女士 will speak on 「心理和人際關係如何提昇孩子至五星級？」, 公眾論壇 on 「什麼才是一個五星級的孩子？」

14 Nov 2017 **Professional CME Meeting on Child Health 2017 - Translating Scientific Advancement to Real Life Benefits: DTPa & MMRV Vaccination** will be held from 1:30 pm - 2:30pm at Chairman’s Suite and Executive Room, 38th Floor, World Trade Centre Club, Causeway Bay. Speaker will be Prof. John TAM, visiting Professor, Dept. of Applied Biology and Chemical Technology, the HKPU.

14 Nov 2017 **Professional Forum on Child Health 2017 – Health Challenges of Youth in Special Situations in Hong Kong** will be held from 8 - 10:30 pm at Lecture Theatre, G/F, M Block, QEH. Speakers will be Mr. Hon. Fernando CHEUNG, Legislative Councilor, Prof. HAU Kit Tai, Chon-Ming LI Prof. of Educational Psychology, CUHK, Dr. Elsie HUNG, Clinical Psychologist, Correctional Services Dept., HKSAR and Dr. Lilian WONG, Secretary General, HKPF.

18 Nov 2017 **兒童健康論壇 - 「貧窮對青少年及家庭帶來的影響」** will be held at Jordan Valley St. Joseph’s Catholic Primary School, 2:30 – 4:30 pm. Invited speakers included: 石丹理教授 who talks on 「家庭功能及親子關係對青少年健康的影響」, 梁倩儀博士 on 「家庭支持帶來青少年之成長的正面影響」; 公眾論壇 on 「提升兒童健康水平？」